### All EP Catheters Should be Reused



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# (More Extensive) Reuse of Catheters – Time Ripe to Revisit?

### **SINGLE USE ONLY**

Tested for one use only



Tested for more than one use and found unsafe



### Old wine in a new old bottle





Reprocessed by



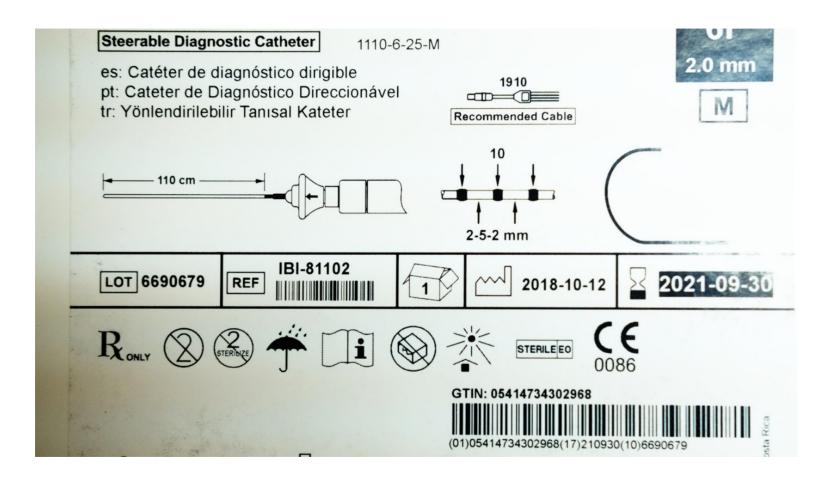
#### **Sustainability Solutions**

Instructions for Use
Reprocessed 2515 NAV/2515 NAV eco Variable and LASSO®
NAV eco
Electrophysiology Catheters

#### **Reprocessed Device for Single Use**

Caution: Federal (U.S.A.) law restricts this device to sale by or on the order of a physician.

STERILE



### Outline of this talk

- Can we do it ? (Safe ?)
- Should we do it ? (Reasons ?)
- Are we doing it ? (Current practice)
- Are we allowed to do it ? (Legal issues)
- How should we do it ? (The way forward)

# Safety concerns

- Transmission of infections due to contamination
- Toxic reactions to residue after sterilization
- Mechanical and structural integrity
- Functional efficiency

### No risk of infection

- No residual pathogens after sterilization(1)
- Surveillance cultures and biological indicators negative (2)
- No increase in skin infections or incidence of bacteremia
   (3)

- 1) E. Aton et al. Safety of reusing cardiac electrophysiology catheters. AJC 1994;74:1173-1175
- 2) Dunnigan A, Roberts C, McNamara M, et al. Success of re-use of cardiac electrode catheters. Am J Cardiol 1987;60:807–10.
- 3) O'DONOGHUE, S., & PLATIA, E. V. (1988). Reuse of Pacing Catheters: A Survey of Safety and Efficacy. Pacing and Clinical Electrophysiology, 11(9), 1279–1280.

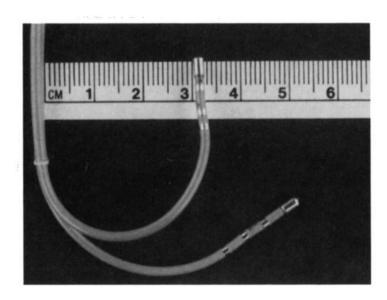
### Toxic residues

- Residual ETO may exceed recommended amounts (1)
- A 14 day waiting period sufficient to prevent this (2)
- Hydrogen peroxide plasma sterilisation Effective, no significant residue (3)
  - 1. E. Aton et al. Safety of reusing cardiac electrophysiology catheters. AJC 1994;74:1173-1175
  - 2. Ferrell M et al. Ethylene oxide on electrophysiology catheters following resterilization: implications for catheter reuse. AJC. 1997;80(12):1558–1561.
  - 3. Murali N. Bathina et al. Safety and efficacy of hydrogen peroxide plasma sterilization for repeated use of electrophysiology catheters. JACC 1998 32(5):1384-1388

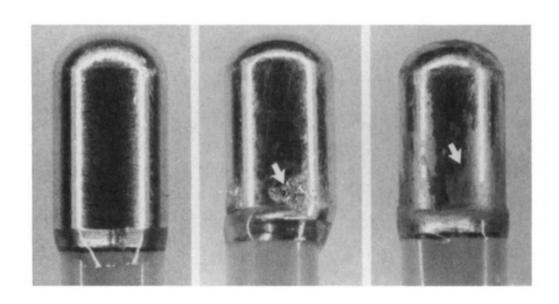
# Mechanical and Structural Integrity

- No component failure detected by visual inspection and x-ray in 12 diagnostic catheters after reuse (1)
- More extensive prospective evaluation (2)
  - Tip electrode glue separation after 43 ± 4.3 uses
  - Loss of deflection 5 ± 3.3 uses
  - Electrical discontinuity between handle and electrode 10 ± 3.7 uses
- 1. E. Aton et al. Safety of reusing cardiac electrophysiology catheters. AJC 1994;74 :1173-1175
- 2. Avitall et al. Repeated use of ablation catheters: A prospective study. JACC 1993 22(5) 1367-1372.

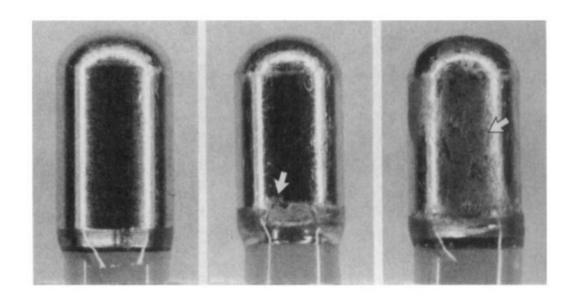
### Catheter deflection



# Tip damage - Pitting



# Tip damage – Glue separation and crust

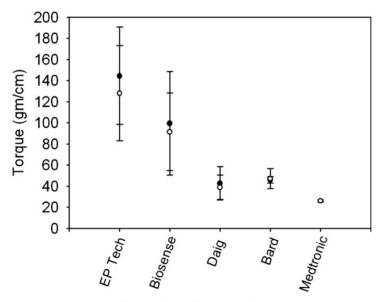


# Functional integrity

- 58 new catheters vs 165 catheters reused 5 times
- Different manufacturers
- Electrode continuity, isolation, leakage current
- Shaft torque force, shaft stiffness, tip buckling force
- No significant difference between new and used, all within acceptable limits

Lester, B.R., Alexander, A.A., Miller, K. et al. J Interv Card Electrophysiol (2006) 17: 77.

# **Functional integrity**



**Catheter Manufacturers** 

Fig. 2 Peak resultant torque for new (filled circles) and reprocessed (open circles) EP catheters. See Table 1 for the number of each new and reprocessed catheter used

Lester, B.R., Alexander, A.A., Miller, K. et al. J Interv Card Electrophysiol (2006) 17: 77.

United States General Accounting Office

Report to Congressional Requesters

June 2000

**GAO** 

SINGLE-USE MEDICAL DEVICES

Little Available Evidence of Harm From Reuse, but Oversight Warranted



# Potential cost savings

- 150,000 USD saved per year in US by reprocessing EP catheters
- Could save upto 1.8 billion USD

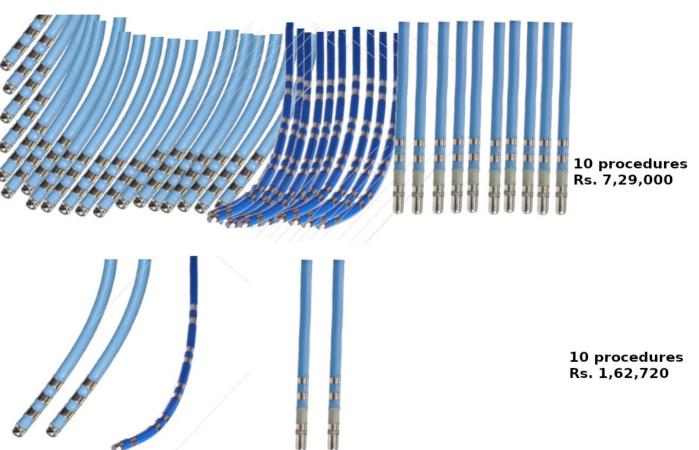
Landro L. Hospitals reuse medical devices to lower costs. Wall Street J. 2008; (March(19)) http://online.wsj.com/article/SB120588469924246975.html.

## Beyond cost effectiveness

- "Green" EP
- Reduces waste produced from hospitals
- Environment friendly

### Savings – 10 SVT ablations

- 88% less mass
- 78% less cost



# Current practice

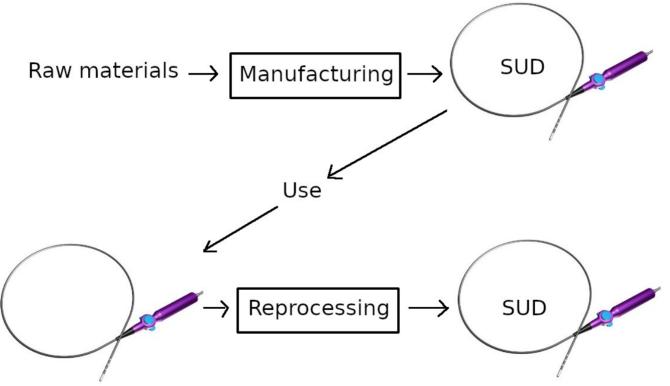
- India / Asia
  - Extensive reuse
  - In hospital
  - Unregulated

- United States
  - Regulated by FDA
  - Third party reprocessors
  - Limited reuse
- Europe
  - Not permitted (UK, France)
  - Legal (Germany)

# Legal framework (US)

- Medical Device User Fee and Modernization Act (2002)
  - Reprocessed devices subject to premarket review similar to new devices
  - Stringent regulation of reprocessors
  - Validation data on sterility and functional performance
  - Device tracking and reporting

Reprocessing is Remanufacturing!



# Local challenges

- Reprocessing not covered by legal framework
- Ambiguous directions from Govt / Insurers
- In hospital reprocessing
  - No set protocol / validation / quality assurance
  - Unlimited reuse
- Unclear how to charge

# The way forward

- Third party reprocessors
  - Validated protocols / Quality assurance
  - Liability
  - Government oversight (US, Canada, Japan, EU)
  - Limited reuse To be determined by reprocessor

# The way forward - Protocol

- Washing incl Enzymatic cleaning agent
- Discard if blood stains
- Disinfectant for 4 hours, Clean and dry
- Inspection and testing
- Double layer packing
- ETO, Aerate for 24 hours
- Label with date of sterilization and number of uses

Kapoor et al. Guidance on reuse of cardio-vascular catheters and devices in India: A consensus document. Indian Heart Journal 69 (2017) 357–363

# The way forward

- Billing for reused catheters
  - Shared cost
  - Bill only for reprocessing cost
- Patient information
  - Consent
  - Option to opt out

# In Summary

- Data for safety of reprocessed catheters
- Resistance based more on emotive issues rather than scientific evidence
- Based on absence of harm and economic and environmental gains, reprocessing is the ethical approach
- Should be done using validated protocols